

December 2012  
Volume 1

WELCOME TO THE FIRST MONTHLY EDITION OF THE HUB LIFE NEWSLETTER! THIS MONTHLY NEWSLETTER WILL KEEP YOU APPRISED OF THE ACTIVITIES THAT THE STUDENTS PARTICIPATE IN WHILE ATTENDING THE CVI HUB TRANSITION PROGRAM.

*“For People in Transition. Finding Your True North.”*

## Home & Living

The activity of the month was to find an apartment that was affordable based on a given income. The Hub students called Ebenezer Park Apartments using the video phone to schedule a tour with the manager. Ebenezer offers services for residents who are deaf, DeafBlind or hard of hearing. Once on-site the students had an opportunity to tour the apartment complex. They saw what a one and two bedroom apartment looked like, toured the laundry room, and asked questions about what was included with rent, such as utilities or cable TV. After the tour the students picked up several copies of rental applications. The students will learn how to fill out housing applications later this month.



*Ebenezer Park Apartments, Minneapolis.*

## Community & Participation

To get to places of interest throughout the Twin Cities such as the public library in downtown Minneapolis or the Landmark Center in St. Paul, the Hub students used the city bus for means of transportation. For both activities, the students had to plan the following: cost of bus fare, transfers, routes and time schedules. Once at the library the students learned how to check out, return library books and how to find a book of interest using the online library catalog system. While at the Landmark Center the students had the opportunity to take a tour of the inside of the building. Meanwhile, the students had an opportunity to interact with the pianist who was playing the grand piano on the main floor.



*Metro Deaf School students in downtown St. Paul.*

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## Recreation & Leisure

The students were out and about on the town frequenting different types of restaurants. Back by popular demand the students voted to return to the historical Mickey’s Diner in downtown St. Paul. For something new, the students also attended Buca di Beppo, a sit-down family style Italian restaurant in downtown Minneapolis. Before heading out to these places, the students learned how to make a reservation for a group of seven while using the videophone for communication. The students had the opportunity to put their additional learning to use such as; reading menus, determining meal prices, communicating directly with the wait staff, ordering off a menu, using appropriate table manners, making change when paying for meals and figuring in the cost of a tip. No one left the restaurant hungry!



*Metro Deaf School students at Mickey’s Diner, St. Paul*

## Post-Secondary Education & Training

Each student completed a skills assessment matching possible careers to their interests or skills. The skills assessment completed the students then pinpointed two individualized career clusters. They then explored the job outlook and expected salary for the careers of their interest. Afterward they identified the education and training required for these careers.

## Jobs & Training

At the start of the school year, each of the Hub students participate 3 days weekly in a volunteer or paid-work experience. For those who are in the paid-work experience each student is paid the Federal minimum wage per hour. A signing job coach is present at all sites with the students regardless if they are working as a volunteer or as an employee. The following are positions that the students work.

- **Resident Assistant** in a local nursing home Assisting residents with daily living activities.
- **Animal Attendant** at a local animal shelter sanitizing cages to ensure that the animals have a clean place to live while they are in transition.
- **Office Assistant** in a small business. Making copies, taking out the trash, vacuuming and cleaning windows.
- **Barista** in a local coffee shop assisting with making coffee, preparing soup and sandwiches, taking customer orders and operating the cash register.



# The Hub Life Newsletter

*“For People in Transition. Finding Your True North.”*

## Upcoming Events – January 2013

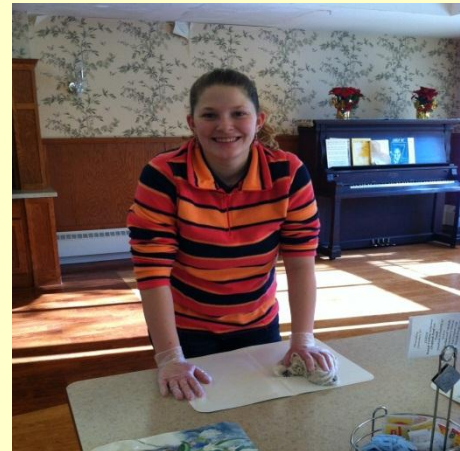
In the month of January the students will continue to learn the following:

- More about the careers of their interest.
- Creating a resume and cover letter.
- Developing their own business cards which can be shared with others for networking purposes.
- Writing checks and balancing a check register.
- Creating a budget.
- Filling out housing rental applications.
- Continue at their current job-sites and develop work-related skills and work history.

Please stay tuned for the next newsletter for further updates and activities. In the meantime if you have any questions about the Hub Transition Program or activities please feel free to contact:

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*Working at a local Nursing home.*



*Exploring Post-Secondary Education options.*



*Hub students preparing a healthy meal.*